



Qualities Worthy of Recognition for "Woman of the Year" Award - 2019

To help you when choosing a woman to nominate, below are some examples of qualities the nominated woman should possess:

(Please note - nominee does not need to possess all of these qualities - this is just a guide. ☺)

- **Confidence:**
She is confident and believes in herself and her abilities. She knows she is capable of succeeding.
- **Integrity:**
She is honest and reliable. She treats everyone with respect. If she says she will do it, she will do it. You can trust her to follow through.
- **Communication:**
She demonstrates the ability to communicate and network effectively and enthusiastically. She isn't afraid to be the first to introduce herself and welcome new members to a group.
- **Passion:**
She is passionate about her work and uses that enthusiasm as a motivator. Her passion is contagious and helps her to motivate others.
- **Generosity:**
She is generous with her time and her talents. She will mentor others, speak at an event, volunteer, introduce you to others, meet with you for coffee - whatever it takes to make things happen. This doesn't mean that she will let others take advantage of her; it means simply that she will give when and where she can without expecting anything in return.
- **Outreach:**
She is involved with her community in some form of outreach or volunteerism. She makes the world a better place for others.
- **Failure:**
She is not afraid of failure - she is inspired by it - realizing that missteps will help her to improve. She will keep plugging and pitching until her dream becomes her reality.
- **Help:**
She knows when to ask for help. She isn't afraid to reach out when she needs assistance. She doesn't try to shoulder all the responsibility - she knows that this isn't healthy. By asking for help, she can maintain focus and alleviate stress.